# invitation

to a one day conference

# «Working together for new pathways in mental health»

### 13th June 2019

Festsalen, Nordland Hospital Trust Rønvik, Bodø Norway

Arranger ENTER Mental Health in collaboration with Nordland Hospital Trust







The Mission of the ENTER Mental Health network is to promote and defend the highest standards of mental health promotion, training and care in Europe, based on collaborative research. There is a growing trend in many countries to introduce new guidelines and standardize treatment pathways in public mental health systems. For example from January 2019 in Norway, new guidelines are being put into practice which standardise treatment pathways for people with a mental illness. At the same time Mobile Mental Health Care, Online Care, Peer Support networks, Recovery-oriented practices are being promoted in care at different settings. The question discussed in the conference is whether standardized care (planning and implementation) and associated good practices take into consideration the users' experience, knowledge, culture and needs at both individual collective levels.

ENTER Mental Health, in collaboration with Nordland Hospital Trust in Bodø Norway, have the pleasure to invite you to this one day conference on "Working together for new pathways in mental health" on the 13th June 2019.

#### **Keynote speakers**



**Jan-Magne Tordenhjerte Sørensen** is the leader of a user organization, «Hvite Ørn», a national organization for people with experiences of mental health and their carers, established in 2008. It works towards reducing stigma, no compulsory treatment, promote good alternatives to psychopharmica and to promote user involvement.



**Arve Paulsen** (57) is project manager for the "Clinical pathways for mental health and substance abuse"-project in the Norwegian Directorate of Health. He came from a position in the Ministry of Health and Care Services. Mr. Paulsen holds a Master in political science from the University of Oslo.



**Hanne Kristin Clausen** is a doctor and obtained her doctorate at the University of Oslo in 2017 which focused on ACT teams which are interdisciplinary teams offering treatment and follow up of people with a serious mental illness. She is a researcher at the Norwegian National Advisory Unit on Concurrent Substance Abuse and Mental Disorders and as a post doctorate at FOU dept. for psychiatry at Ahus.



**Erling Kvig** (45) is a clinical psychologist and PhD in Health Services and works as a clinical specialist psychologist at Nordland Hospital Trust in the Psychosis Unit.

### program

#### THURSDAY 13th JUNE

08:30-09:00 Registration

### 09:00-09:20 **Opening speeches**

- Welcome from the head of the psychiatry department, Nordland Hospital: Hedda Soløy Nilsen
- Welcome from the chair of ENTER: Marja Kaunonen

### 09:20-10:50 Keynote Speakers

- The patient's or professional's health services? A critical view of current trends: Jan Magne Sørensen
- National Clinical Pathways in Mental Health– why and how?: Arve Paulsen
- Experiences with Assertive Community Treatment for people with severe mental illness in Norway: Hanne Kristin Clausen
- 10:50-11:05 Coffee break & poster presentations
- 11:05-12:30 Parallel sessions
- 12:30-13:15 Lunch & poster presentations
- 13:15-14:30 Parallel sessions
- 14:30-14:45 Coffee break & poster presentations
- 14:45-15:15 Keynote Speaker
  - The Road not Taken—on the Differences Between Standardized Care Pathways and the Actual Pathways to Care in Early Psychosis: Erling Kvig

## parallel sessions 11:15-12:30

Making your own pathway in the mental health system: From standardization to partnership	Peer Support and relevant user- led initiatives in different settings	Guidelines in mental health care
Important matters and learning orien- tation of mental health users' associations in Bosnia and Herzegovina: Bryan McCormick & Bojan Sosic (USA & Bosnia Herzegovina)	A co-operatively inquiry with and about older adults bereaved by suicide: Lisbeth Hybholt (Denmark)	Human Computer Interaction (HCI) implications and the safe use of digital therapies for people with depression and/or anxiety: Prof Rhonda Wilson (Australia)
Supervisors assessment of the children's mental health service network in one hospital district in Finland: Marja Kaunonen (Finland)	Exploring a decade of Peer Support Initiatives, in the UK Charity the Mental Health Foundation: Jolie Goodman (UK)	Guidelines for reduction of long-term use and misuse of benzodiazepines in Lithuania: Arunus Germanavicius (Lithuania)
DURESS : Drug Use Recovery, Environment and Social Subjectivity: Tim Greacen (France)	Mental health promotion for children in Poland based on own research: Joanna Wojda-Kornacka (Norway)	

### parallel sessions 13:15-14:30

Advantages and Disadvantages concerning pathway guidelines in mental health	Mental health care in isolated or closed communities	Active Citizenship and Empower- ment (Advocacy, Shared-decision making, Advance directives etc.)
Does a FACT model enhance a new pathway in mental health: Experiences from implementing a FACT model in Norway: Ann-Kristin Strømme (Norway)	Practitioner perspectives on service users experiences of targeted violence and hostility in mental health and adult safeguarding: Trish Hafford- Letchford (UK)	Advance Directives in Psychiatry: a randomized controlled trial in France: Tim Greacen (France)
National Pathways; the story so far: Tarald Sæstad (Norway)	Developing pathways for a comprehensive and culturally sensitive mental health care in Greece: Good practices and first evidence from the field: Michalis	What we really mean when we say "users' participation": vignettes from Slovenia: Mojca Urek (Slovenia)
Har vi lyktes med IPS i Nord Norge?: Beate Brinchmann (Norway)	Implementing a FACT model of treatment in a rural setting: lan Dawson (Norway)	PARADISO: Process of collaboration among European countries on a par- ticipatory approach for Raising Awareness and fighting Discrimina- tion concerning Sexual and gender Orientation in the healthcare sector: Emmanuelle Jouet (France)

# Poster presentations

Cooperating across agencies—intergrated patient pathways	lan Dawson (Norway)
Peer support in Barcelona—new steps	Silvia Rosado (Spain)
Body + mind: Nurse group therapy for anxiety and pain using sophorology	Silvia Rosado (Spain)
New digital pathways for learning	Suzanne Traynor (UK)
Mental health promotion program for university students—evaluation and recommendations in Poland	Lidia Zablocka-Zytka & Czeslaw Czabala (Poland)
World Café method to promote collaborative practices in learning and teaching on LGBT inclusive care	Trish Hafford-Letchfield (UK) & Mojca Urek (Slovenia)



www.entermentalhealth.net

NORDLAND HOSPITAL

### registration

#### Registration deadline by 29th May 2019 at

https://tinyurl.com/yxln5ujf

### Conference fee:

Kr. 800,- inclusive coffee/tea and lunch

No fee for employers of Nordland Hospital and up to 2 persons from each ENTER member organisation.

Problems with registration? - ring +47 75 50 16 18

### Contact person:

lan Dawson, phone +47 75 50 16 18/mobile +47 913 04 099

Nordland Hospital Trust

E-mail: ida@nlsh.no

### Venue:

Festsalen Nordland Hospital Trust Mellomåsveien 2

8000 Bodø Norway